

**OATA 2025: Friday, May 16**

**ATs Championing Their Skills**

<b>Time</b>	<b>Grand Ballroom</b>	
7:50 – 8:00	Welcome	
8:00 – 9:00	Supporting Athletes: Eating Disorders and Disordered Eating: What to Know, What to Look For, and What to Do Brittany Davis, MEd, LPCC-S, Megan Merrells, MS, RD, LD, Heather Petraszko, MS, RDN, LD Emily Project	
9:00 – 10:00	What to do When a Healthcare Professional Needs Help Richard Whitney, MD, DABAM, FASAM *Fulfills the one (1) hour credit for mental health/substance use for Ohio AT license renewal	
10:00 – 10:30	<b>Exhibit Break</b>	
	<b>NorthPointe Ballroom 1</b>	<b>NorthPointe Ballroom 2</b>
10:30 – 11:15	Gymnastics Medicine Jaime Broz, MEd, LAT, ATC	Low Back Pain and Spondylolysis in the Pediatric Patient Anastasia Fischer, MD, FAAFP, FACSM
11:15 – 12:00	Altitude Medicine Richard Rodenberg, MD	Rehabilitation for the Youth Athlete with Lumbar Spondylolysis Mitchell Selhorst, PT, DPT, PhD
12:00 – 12:45	<b>Free Communication – Student Award Winners</b>	<b>Free Communication – Professional Award Winners</b>
12:45– 1:30	<b>Lunch</b>	
1:30 – 2:15	Common Hand and Finger Injuries in Sports Paul A. Cook, MD	
2:15 – 3:00	More Than a Game: Supporting Athletes Through Loss and Emotional Stress Brad Foltz, PhD, CMPC	
3:00 – 4:00	Revolutionizing Healthcare: Bridging the Gap Between Clinicians and Patients Nicholas Kelly, MS, RD, LD	
4:00 – 5:00	Business Meeting	

May 16 total CEUs: 6.75

**OATA 2025: Saturday, May 17**

**ATs Championing Their Skills**

Time	NorthPointe Ballroom 1	NorthPointe Ballroom 2
8:00 – 9:00	<p>Suturing Workshop for Athletic Trainers:                      “Bringing all the loose ends together.”                      Thomas Pommering, DO, FAAFP, FAMSSM                      Limited to 50 participants                      Sponsored by                      Nationwide Children’s Hospital                      Sports Medicine</p>	<p>The Female Athlete Triad vs RED-S: What’s the Difference and                      What Does It Mean Clinically                      Allison Smith, PhD, MS</p>
9:00 – 10:00		<p>Mental Health, Burnout and NIL Impact in College Athletes                      Mike Mulcahey, MA, AT, ATC, EMT                      Shelby Davis, DAT, AT</p>
10:00 – 10:15		<b>Break</b>
10:15 – 11:15	<p>Stop the Bleed                      Eric Leighton, ATC                      Limited to 50 participants</p>	<p>What Goes Around, Comes Around: Evaluating Therapeutic                      Modality Trends in Pursuit of Optimal Patient Care                      Siohban Fagan, MEd, AT, ATC, CSCS</p>
11:15 – 12:15		<p>Rectal Thermometry: The Why and The How                      Katie LaRue Martin, AT, ATC, MPH                      Rebekah R. Bower, MS, AT, ATC</p>
12:15 – 1:00	<p>Understanding LGBTQ+ Athletic Healthcare: Athletes, Athletic                      Trainers, and Their Perceptions                      Evan Bader, MAT, AT, ATC</p>	<p>District 4 Athletic Trainers Confidence with Acute Care Skills                      Sara Stiltner, EdD, ATC, AT</p>

May 17 total CEUs = 4.75

Overall total number of CEUs = 11.5